



Decadent global dishes that won't break the bank

Many cuisines across the world use butter in their cooking. From authentic Italian pasta dishes to rich, French cuisine and decadent curries, dishes containing butter are a big hit with diners.



However, there are downsides to using butter. The cost being one - with butter prices increasing this year. There's also the short shelf life, the fact it contains dairy, and the relatively low smoke point.

There is a solution at hand though! Whirl butter alternatives - available in Original, Unsalted and Garlic and Herb - are completely delicious, with a great rich, buttery taste. They are cost-effective, long-lasting, and incredibly versatile.

They can be used in all kinds of ways in foods from across the world - from barbecue accompaniments like corn on the cob, to creating fragrant garlic breads and naans. They are also excellent in desserts and baked sweet treats too, such as patisserie.

Butter Prices

The price of butter has risen steeply in recent years, with an **18.5% year on year increase** between 2023 and 2024. Food Navigator Europe, April 2024.

Butter Alternatives

Butter alternatives have been used around the world as far back as the 15th century, when devout people often gave up dairy butter for religious reasons - and used almond butter instead. Medium, **Butter Alternatives Unveiled, August 2023.**

According to our survey, the UK's favourite butter dishes from across the world:

- 1 Butter chicken curry
- 2 Scrambled eggs
- 3 Mashed potatoes
- 4 Garlic mushrooms
- 5 Sponge cake
- 6 Risotto
- 7 Pastries
- 8 Eggs benedict
- 9 Fruit crumble
- 10 Sautéed fish / seafood



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