

From traditional to exotic, our dressings bring panache and pizzazz to a dish.

Make salads stupendous, turn toppings into treats, fill buffets with flavour and elevate sandwich fillings in an instant.

SUPERFOOD SALAD

INGREDIENTS

80g mixed salad leaves

1/2 avocado

20g toasted mixed seeds (pine nuts, pumpkin and sunflower)

50g chopped sunblush/sundried tomatoes

50g chopped red and yellow peppers marinated in balsamic vinegar and extra virgin olive oil

50g sweetcorn kernals

30g cheese

30g Lion Cajun and Tomato Dressing

HOW TO MAKE IT

- 1. In a small frying pan, chargrill the sweetcorn and allow to cook
- 2. Assemble the superfood salad with the leaves in the base of the bowl
- Top with the chopped sunblush tomatoes, marinated peppers and chargrilled sweetcorn
- 4. Stir through
- 5. Sprinkle the mixed seeds on top of the salad
- 6. Slice the avocado and scatter on top of the salad
- 7. Grate/ crumble the cheese onto the salad
- 8. Drizzle with the Lion Cajun and Tomato Dressings and serve





Blue Cheese Dressing - 2.27L

Real blue cheese crumb gives this creamy dressing its rich and tangy flavour.



Caesar Dressing - 2.27L

A classic dressing, creamy and indulgent yet light and full of punchy flavour.



Cajun & Tomato Dressing - 2.27L

A thick and flavoursome dressing combining fruity tomato with herbs and Cajun spice.



French Style House Dressing – 2.27L

also available with extra virgin olive oil. An authentic vinaigrette dressing with a sharp and punchy flavour.



Garlic & Herb Dressing - 2.27L

A creamy dressing, subtly flavoured with garlic and a variety of aromatic herbs.



Honey & Mustard Dressing – 2.27L

Honey complements hot and tangy mustard in this smooth and sweet dressing.



Prawn Cocktail Dressing - 2.27L

Thick and creamy, with the tangy taste of tomato, onion and celery.



Sour Cream & Chive - 2.27L

Cool and creamy, with the fresh flavour of chives.



Thousand Island Dressing - 2.27L

Tasty tomato and sour pickles bring zest and punch to this classic dressing, with subtle notes of garlic, chilli and cloves making a fully-rounded flavour.



Yoghurt & Mint Dressing – 2.27L

Fresh and cool with a light, subtle flavour that will showcase stronger tastes or tone down hot ingredients.



Buttermilk Ranch Dressing – 2.27L

Delicious Buttermilk Ranch Dressing with a cool, creamy, garlicky flavour. Perfect over a romaine salad or as a dip.



Also available as 1L Buttermilk Dressing

